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DEPARTMENT OF HEALTH AND HUMAN SERVICES

DIVISION OF CHILD AND FAMILY SERVICES
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Cindy Pitlock, DNP
Administrator

RURAL NEVADA CHILDREN'S MENTAL HEALTH CONSORTIUM

DRAFT MEETING MINUTES

AUGUST 17, 2023

All members participated via Microsoft Teams technology (video or audio).

VOTING MEMBERS PRESENT:

Char Frost
Denise Padilla
Heather Plager
Lana Robards
Mala Wheatley
Marcel Brown
Melissa Washabaugh
Michelle Sandoval
Rebecca McGough
Jaymee Oxborrow

VOTING MEMBERS ABSENT:

Cherylyn Rahr-Wood
Sarah Hannonen

STAFF AND GUESTS:

Amna Khawaja
Beverly Burton
Bill Wyss
Dr. Christine Moninghoff
Jen Lords
Jenna Robertson
Kary Wilder
Kimberly Weingartner
Kristen Rivas
Nataly Filipic
Nicole Mara

1. Call to Order, Roll Call, Introductions. – *Melissa Washabaugh, Rural Children’s Mental Health Consortium Chair*

Char Frost called the meeting to order at 3:01 pm. Kary Wilder, Administrative Assistant, Division of Child and Family Services (DCFS), conducted roll call and a quorum was established. Melissa Washabaugh, RCMHC Chair joined the meeting shortly after roll call initiated.

2. Public Comment. *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

Kristen Rivas announced she has invited one of the Deputy Attorney Generals to present the new updates regarding the Nevada Open Meeting Law at the next RCMHC meeting.

3. For Possible Action. For Possible Action. Approval of meeting minutes – *Melissa Washabaugh*

a. Main Meeting Minutes – July 20, 2023

MOTION: Char Frost made a motion to approve the draft Meeting Minutes for May 18, 2023

SECOND: Jaymee Oxborrow

VOTE: Unanimous, with no opposition or abstention

4. For Possible Action. Update on the Katie Grace Foundation and their request for collaboration – *Kimberly Weingartner, President, Katie Grace Foundation*

The Katie Grace Foundation (KGF) is currently working on getting all partners “Apartment Baskets” that is specific to individual program needs and is designed to help persons who will be transitioning from homelessness into housing units to set them up for success. Two new companies are working with KGF who will be donating some mattresses for those housing unit needs. Additionally, The Katie Grace Foundation is currently looking into hiring a new executive director, as the previous one resigned. Sarah Hannonen and Kimberly Weingartner will be in contact to complete the partnership paperwork. The Katie Grace Foundation is happy to work with any Consortium members when picking up items for distribution and coordinating appropriately.

5. For Possible Action. Review, discussion, and possible vote on the FY 2024 Budget – *RCMHC Members*

Melissa Washabaugh reviewed some budget items regarding the FY 2024 Consortium Retreat. As of currently, there is \$1,000 allocated for a virtual event speaker, but have not received any ideas or suggestions.

Char Frost suggested using some funds from Outreach Activities to provide transportation for families to attend the FY 2024 Consortium Retreat.

Kristen Rivas will be gathering some information to present in the next meeting on how to provide community-needs-based scholarships using some funds from the FY 2024 budget.

As a reminder, according to the State Administrative Manual (SAM) the current FY 2024 budget has been approved by fiscal and any changes to the budget must be approved by fiscal, prior to those changes being official and implemented in the budget.

6. For Possible Action. FY 2024 Consortium Retreat Planning Workgroup update and possible vote on plans and budget – *Sarah Hannonen, Chair – RCMHC Members*

There has not been a Consortium Retreat Planning Workgroup meeting since April due to summer break from school districts and the Chair, Sarah Hannonen not being available during this time. The retreat will be held in Fallon, Nevada, but there has not been a date selected. The Rural Consortium may not use budget funds to pay for any food. Lana Wheatley has done some research into some possible catering and venue options. The next update should be expected in the RCMHC October Main Meeting.

7. For Possible Action. Review, discussion, and possible vote on Consortium support for Autism Spectrum Disorder, specifically to conduct evaluations and provide resources – *Rebecca McGough, Parent – RCMHC Members*

The Rural Consortium members discussed clinics have stopped accepting Medicaid for the diagnosing of Autism Spectrum Disorder due to low reimbursement rates. This has caused multiple families and clinicians distress due to the lack of resources and support in diagnosing individuals. Michelle Sandoval suggested there be a presentation from Medicaid on covered Autism resources, travel coverage, reimbursement rates and billing codes. Melissa Washabaugh will investigate how her clinic can become certified in Autism diagnostic testing and providing assessments while also covering travel costs for families. There was also a discussion on encouraging clinical providers to get appropriate training and offering these services within clinics, gaining further Autism Spectrum Disorder education via pre-recorded webinars aimed for educators, in addition to networking and even writing a letter to the Legislature to express the hardship families and clinicians are experiencing.

8. For Possible Action. Discussion, recommendations, and possible approval of RCMHC participation in future community activities and events – *RCMHC Members*

a. Trick or Trunk Event

Jaymee Oxborrow participated in the Jackrabbit NV sponsored Trick or Trunk event in 2022 and has been asked to participate in the same event for 2023. Jaymee is asking for the Consortium's support with the donation of some items for this event, such as banners, coloring books, brain stress balls, NVPEP activity books, etc.

MOTION: Char Frost made a motion to participate in the Silver Springs Trick or Trunk Event

SECOND: Rebecca McGough

VOTE: Unanimous, with no opposition or abstention

Kristen Rivas volunteered to pack up some swag items at the Reno office for Jaymee to pick up prior to the event on October 28th, 2023. Charlene Frost will send NVPEP bullying activity books to the Reno office for events and outreach opportunities.

9. For Possible Action. Discussion and possible vote on recommendations to fill Rural Children's Mental Health Consortium membership vacancies – *RCMHC Members*

The current RCMHC membership voting list that was distributed needs to be updated from showing Sarah Dearborn as the DHCFP representative, to Marcel Brown.

There were no recommendations to fill RCMHC membership vacancies at this time.

Melissa Washabaugh will be writing a public announcement to encourage new contacts and networking for broader participation, in addition to sharing announcements on social media. Char Frost will also be announcing out to NVPEP.

10. For Information Only. Update on System of Care (SOC) Grant – *Bill Wyss, Division of Child, and Family Services (DCFS)*

As of currently, the SOC No Cost Extension Grant is still pending approval but should have the decision by end of August, as the current grant ends in September 2023. The System of Care has now signed a contract with Magellan Health to provide services within the State of Nevada. The contract was approved earlier this month. Magellan Health is looking to hold a meeting in October of 2023 to meet as many providers, Consortium members, and staff as possible. SOC would like to set up some time for Magellan Health to be placed on the RCMHC October agenda. This is a 22.9-million-dollar contract. Magellan Health being a Care Management Entity (CME), they are responsible for making sure youth and families are assessed. Additionally, their funds cover four different areas, that include: high fidelity wrap around, home based treatment, respite care and youth peer support.

11. For Information Only. Update on Pediatric Mental Health Access Care Grant (NVPeds) – *Nicole Mara, Education and Information Officer, Nevada Department of Health, and Human Services)*

Nicole Mara provided the following updates on NVPeds:

Professional Development: This FFY, we have sponsored 731 participants through 95 live and self-paced asynchronous training opportunities. 26% (191) of those participants represent rural communities.

- We are on track for our NVPeds-sponsored training participants complete all the required training activities and elements for REACH Institute's Patient Centered Mental Health in Pediatric Primary Care and Circle of Security Parenting Facilitator by the end of September. These training groups are now in the required post-training coaching and consultation phases.

- The NVPeds-sponsored CAMS (Collaborative Assessment and Management of Suicidality) training resulted in 20 clinicians being designated as fully CAMS Trained. The training required 6 months of commitment that included asynchronous training elements, a knowledge test, a full day Live Role Play, and participation in bimonthly post-training consultation calls with a CAMS coach.

Publications: This FFY, we've achieved nearly 9600 disseminations of 30 educational & informational publications which include Issue Briefs, Telegrams, and Infographics covering topics on youth mental health.

- NVPeds Telegram #26 on Preparing for the New School Year: Supporting Youth with Special Needs was disseminated on July 31st.
- Our Infographic for August was disseminated last Thursday and provided tips, guidance, and resources to promote youth mental health as they head back to school.
- Issue Brief #8 has been drafted and is currently being reviewed by our ESIT for edits. This edition highlights the Integration of Youth Peer Support Specialists into Pediatric Primary Care Practice and is a companion piece to our last quarterly publication which centered on Community Health Workers. Both topics are relevant to our expansion grant which supports healthcare workforce development while expanding the youth peer support network in Nevada.

Expansion Project: The HRSA-sponsored PMHCA expansion project, which is a hybrid YPSS/CHW paid internship program through a collaboration with NAMI Nevada and High Sierra AHEC, is making great progress! As of our last meeting, all 18 young adult interns have been hired and are moving through the YPSS/PRSS and CHW program. 5 of the interns (from NAMI Northern Nevada) have already completed both their 46-hour PRSS and 8-module CHW Level 1 Certification training and are now completing additional DCFS required training while working through their PRSS practicum hours. We are currently working to secure additional practicum sites and exploring partnerships with primary care practices that may be interested in becoming post-certification employment locations.

NVPeds Future: The Pediatric Mental Health Care Access Program grant from HRSA that funds NVPeds sunsets at the end of September. In April, HRSA sent out a NOFO for another PMHCA program grant cycle, and in June we partnered with Dr. Lisa Durette at UNLV to apply as a continuing competitor for this 3-year grant to expand services through joining our efforts with her program, the Pediatric Access Line <https://center4cs.org/pal-members/dashboard/>. PAL is a psychiatric tele-consultation program for pediatric PCPs that was created through the combined efforts of the Center for Community Solutions, UNLV Medical School, and Chicanos por la Causa. If awarded, DCFS will act as a sub-awardee of the grant to continue our outreach, education, and professional development efforts for primary care and other healthcare providers. As we move closer to an outcome, we will be notifying everyone on our Listserv, as well as community and systems partners, regarding the program's status. We don't anticipate the award notifications will be sent out until September.

12. For Possible Action. Updates from Nevada PEP and discussion and possible action regarding collaborative initiatives – *Charlene Frost, Statewide Family Network Director, Nevada PEP*

Char Frost reminded all attendees that Nevada PEP is available to serve families with all behavioral and non-behavioral needs. She has resigned from Nevada PEP after accepting a position with Magellan Health and the director of Nevada PEP will communicate who Char's replacement will be.

13. For Information Only. Updates from Medicaid – *Marcel Brown, Social Service Program Specialist III, Division of Health Care Financing and Policy (DHCFP)*

Marcel Brown provided the following updates from Medicaid:

Legislative Session:

Medicaid is currently working on bill implementation with the closing of the legislative session. Units within Medicaid have been assigned various unit specific bills to work on. Units are currently working on timelines and needs to address each bill.

Quadrennial Rate Review:

Quadrennial Rate Review is still available to PT 14s, 26, 82, and 85s. The survey is posted on [QRR \(nv.gov\)](https://qrr.nv.gov) and is scheduled to close on 9/29/23.

New Legislative Positions:

New positions were approved and added to the Behavioral Health Unit team. Several positions with the Certified Community Behavioral Health Centers (CCBHC) and 1 transfer from the re-arrangement of Medicaid units. Transfer position is currently in the process of recruitment and new positions hopefully be posted towards the end of this year.

The Nevada State Plan Amendment 22-0005 – Regarding Reimbursement Methodology for Crisis Stabilization Centers

This SPA is still on a Request for Information from CMS which pauses the 90 day clock for CMS.

Crisis stabilization services are behavioral health services designed to: De-escalate or stabilize a behavioral health crisis and, when appropriate, avoid admission of a patient to another inpatient mental health facility or hospital. Crisis Stabilization Centers provide a “no-wrong door” access. Per the [Nevada Revised Statutes \(NRS\) 449.0915](#), [Web Announcement 2975](#) was created to inform on current steps to update policies and implementation.

Nevada State Plan Amendment 22-0023-Disaster Relief SPA. This SPA is to address the Certified Community Behavioral Health Centers (CCBHCs) Prospective Payment System (PPS) pay at the anticipated rates due to effects of the COVID pandemics on the cost reports. This SPA was recently approved in May so now we are working to create the supplemental payments.

Next for NV SPA 23-0002 Certified Community Behavioral Health Centers (CCBHC),

Involves Revising bundled rate and Quality Incentive Payment methodology language and data submission requirement language. This SPA was just put on RAI with CMS but hopefully will be turned around quickly since many of the remaining questions were talked through with CMS during the Disaster Relief SPA that was approved in May.

For the **1915i Specialized Foster Care Amendment**, this SPA is to Synchronizing terminology for agencies' titles, address monitoring/ remediation responsibilities, and modify percentages of QA reviews to ensure QA units can meet program requirements. We receive notification on June 16 that CMS approved these updates. We will now be working with our Quality Assurance Units with DHCFP and DCFS on implementation of reviews.

Targeted Case Management-SPA/MSM Add Nevada local county agencies as qualified providers under Provider type 54 to deliver targeted case management services to adults with Serious Mental Illness (SMI). Public Hearing took place on Tuesday May 30, 2023.

MSM 3800 – Medication Assisted Treatment (MAT)

Removal of the Data 2000 waiver or “X” waiver requirement to prescribe Buprenorphine to align with recent federal guidance. Public Hearing took place on Tuesday May 30, 2023, and was approved. CMS approved this update on August 3, 2023

Upcoming MSM 400 – Mental Health and Alcohol and Substance Abuse Services Attachment B, C, and D

Language updated to align with the newly approved 1115 Substance Use Disorder Demonstration Waiver. Public Hearing Complete and approved on July 25. Updates are scheduled to be posted on October 1.

Ongoing Projects:

Continuing to work with consultant Health Management Associates regarding Children's Behavioral Health Assistance.

Mobile Crisis Planning Grant

Planning Grant is scheduled to end September 29, 2023. Policy standards finalized in December 2022 as well as incorporated draft state plan amendment language for coverage to integrate Designated Mobile Crisis Team (DMCTs) into our current State Plan Amendment (SPA) that is on Request for Additional Information (RAI) for Intensive Crisis Stabilization Centers. Work has also been initiated on the provider rate fee for Designated Mobile Crisis Teams.

MSM 400 was approved at the May 30th public hearing. Current effective date of enrollment checklist now pending approval of Crisis Stabilization Center SPA. There will be two enrollments for mobile crisis delivered by a designated mobile crisis team.

Provider Type 87 Specialty 032: is under a CCBHC and the other will be under Provider Type 87 Specialty 031: a Stand Alone (Entity not under a CCBHC but under another Community Based Agency)

For the Support Act Grant Substance Use Disorder Prevention that Promotes Opioid Recovery and Treatment-Supports increased access to SUD Services

- A. We continue work through the Strategic Plan which includes current strategies for:
- B. Development of a new Provider Type and individual specialties for Substance Use Treatment Providers
- C. Nevada's Section 1115 Demonstration Waiver application entitled "Nevada's Treatment of Opioid Use Disorders (OUDs) and Substance Use Disorders (SUDs) Transformation Project"

1115 Waiver Update

We received approval of the 1115 Waiver Implementation Plan on May 24. This was the waiver that allows for SUD services within an Institution of Mental Disease IMD setting to be reimbursable through Medicaid for ages 22-64. Now that the implementation has been approved, we are now working on the development of the Draft Evaluation Design which outlines how the 1115 will be evaluated. Design is due to CMS by October 26, 2023.

14. For Possible Action. Make recommendations for agenda items for the next meeting
– *RCMHC Members*

- Update on Autism Spectrum Disorder Resources and possible presentation from Medicaid on reimbursement, billing, and regulations
- RCMHC Scholarships, to include travel reimbursement for Autism appointments
- Presentation from the Deputy Attorney General on new Nevada Open Meeting Laws

15. Public Comment. *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

Rebecca McGough thanked all attendees for their involvement and support with locating resources and assessments for Autism Spectrum Disorder.

16. Adjournment. – *Melissa Washabaugh, Chair*

The meeting adjourned at 4:53 pm.

CHAT TRANSCRIPT:

[8/17 2:41 PM] Kary Wilder

Hello and Welcome to the Rural Nevada Children's Mental Health Consortium meeting! Please enter your name, title and organization name in the Chat for our records. Thank you. This meeting is being recorded.

[8/17 2:57 PM] Jen Lords
Hi Char!

[8/17 2:58 PM] Char Frost
Hi Jen! I miss you!!!!

[8/17 3:01 PM] Jen Lords
i have to slip out—I will be back thanks

[8/17 3:01 PM] Dr. Christine Moninghoff
There's some feedback...

[8/17 3:01 PM] Dr. Christine Moninghoff
Better now.

[8/17 3:02 PM] Michelle Sandoval
The feedback stops when everyone mutes!

[8/17 3:02 PM] Rebecca McGough
Hi yes. Please remember to mute your microphones when you are not speaking to help mitigate feedback. Thank you!

[8/17 3:05 PM] Beverly Burton
Beverly Burton DCFS/SOC

[8/17 3:05 PM] Dr. Christine Moninghoff
Dr. Moninghoff, Licensed Psychologist 2 with DCFS.

[8/17 3:05 PM] Amna Khawaja
Amna Khawaja – DCFS System of Care Grant Unit

[8/17 3:06 PM PM] Nicole Mara
Nicole Mara – DCFS Nevada Pediatric Psychiatry Solutions (NVPeds)

[8/17 3:10 PM] Michelle Sandoval
DAG = Deputy Attorney General

[8/17 3:11 PM] Kristen Rivas
Thanks Michelle. Kristen Rivas DCFS PEU

[8/17 3:12 PM] Mala Wheatley
Mala Wheatley, Pacific Behavioral Health

[8/17 3:14 PM] Kary Wilder
Kary Wilder, PEU/DCFS. Admin support for this meeting. kwilder@dcfs.nv.gov

[8/17 3:18 PM] Michelle Sandoval
Rural Clinics are happy to help with getting the items to the rural communities!

[8/17 3:19 PM] Kimberly Weingartner
Hi Michelle, thank you I look forward to connecting with you. We are also working on our van outreach program

[8/17 3:25 PM] Kary Wilder
Meeting materials are available:
<https://dcfs.nv.gov/Meetings/RNCMH/2023MeetingandAgenda/>

[8/17 3:28 PM] Michelle Sandoval
That is awesome Lana!!!

[8/17 3:35 PM] Marcel Brown
marcel.brown@dhcfp.nv.gov

Quadrennial Rate Review [QRR \(nv.gov\)](https://dcfs.nv.gov/QuadrennialRateReview)
[8/17 3:47 PM] Char Frost
<https://autismcertificationcenter.org/families>

[8/17 3:51 PM] Melissa Washabaugh
Denise, we missed most of what you were trying to say but it seems like you were trying to say we could work with GBC to disseminate education is that correct?

[8/17 3:54 PM] Denise K. Padilla
If there is a way for GBC to help deliver training to our rural areas, let me know how I can research that.

[8/17 3:57 PM] Rebecca McGough
That would be amazing, Denise!

[8/17 4:36 PM] Michelle Sandoval
I have to jump off for a work call....Thank you,

[8/17 4:38 PM] William Wyss
Jumping off and thank you.

[8/17 4:38 PM] Nicole Mara
Pediatric Access Line - <https://center4cs.org/pal-members/dashboard/>

[8/17 4:45 PM] Rebecca McGough
<https://nvapps.state.nv.us/NEATS/admin/Home.aep>

[8/17 4:49 PM] Marcel Brown
Medicaid App <https://dhcfp.nv.gov/Resources/MDPResource/>

[8/17 4:51 PM] Heather Plager

I have to run – see you next time 😊

Meeting ended: 2h 18m 31s